

# cell

*by* Valerie Henderson

locking me  
in you  
    consider all  
options  
    for my  
distress,

the  
way I

feel  
about

how  
I am

not yours  
but

instead  
my own

version  
of

who  
you think

I am  
as

you lock  
me out  
of  
what  
you are

