

# Diet Plans

*by* Peter Abbey

As the office left for a pub lunch, Rachel opened the folder entitled *Diet Plans*.

Inside were 4 separate spreadsheets. Each one was labelled "NEW Diet Plan" followed by one of the following words:

**Maternity**

**Bikini**

**Christmas**

**Cheese**

She positioned the mouse cursor over the word Bikini and double clicked. The hard drive of the ageing work PC chugged into life as an Excel document dragged itself onto the screen.

Her eyes scanned the spreadsheet taking in the data from several key fields. Her mouth moved rhythmically as she took another bite of the double Gloucester and sweet pickle sandwich.

