

ARE YOU: An ode to
overthinking brought on by
having too much time to
think. To be recited in your
best Julie Andrews voice.

by Joey Delgado

Are you interesting?
Are you clever?
Are you, maybe often, sometimes never?

Are you shining?
 Pining?
Are you glowing?
Are you worth knowing?

Are you a life without zest?
Are you mainlining strife
 and a little death-obsessed?
Are you smartly dressed?
Are you coiffed and tressed?
Are you easily impressed?
Are you manic and depressed?
Are you?

Are you scared?

Are you worried?
Are you scattered?
Are you hurried?

Are you lacking, are you blank?
Are you wond'ring why you drank?
Are you addicted to pills?
Are you paying all your bills?

Are you forever in the running?
Are you sly and swift?
Are you cunning?
Are you?

Are you sure you measure up?
Are you reaching for the cup?
Are you in it for the medal?
Are you sure you didn't settle?

Are you concerned for your mind?
Are you really all that kind?
Are you hardly worth mentioning?
Are you beaten by the questioning?

Are you?

