Running In My Veins

by Jerry Ratch

I went to Prague recently to visit my family's castle.

And they say that inside the veins of every Bohemian lies an entire army of dead alcoholics.

I suppose this is true of me too.

I have at times felt them overrunning the topsoil of my own personal demons, even though my father had the iron will to drink only one glass of deep red Mogen David wine with the yellow eye of an egg yolk staring out at him like the evil eye, warning him of what always lay ahead if only he would cut loose.

But he never did. He had a Russian's iron will, for it was the Russians who rode into Bohemia on horseback and swooped up his own drunken father into the Czar's wicked army.

Every family castle is a let-down, I think. Kind of claustrophobic, the dungeon poorly lit and dank. Makes you go inside and shut down, quit thinking, sort of like meditating.

Too much history kind of makes you thirsty for blood, hungry for booze and duck and cabbage, raw whiskey in the throat, and maybe, yes even pissing in the sink.