

# Reminders for Myself

*by* Jerry Ratch

Forgive the earth that's  
got a hold on you.  
Forgive the trees.  
Forgive yourself,  
you were  
damaged goods.

Therefore,  
quit looking for the  
expected.  
Look instead  
at the unknown  
as a fact.

Describe it.  
Use great detail.

And above all,  
forgive yourself.

