

Times Remembered

by Jeanette Cheezum

Delightful days spent at the beach.

Children building castles; as parents
watched waves glistening under the afternoon
sunlight. Sanderlings running with beaks down,
hoping for a tasty morsel through the ebb
and flow of tides.

As time went by, briefcases, cell phones and
SUV'S made our busy family go their separate
ways. Only congregating once or twice a year,
for graduations, holidays and a death here or
there....

When stressed, I'll reflect on those pleasant
memories embedded deeply in my heart.
Days when waves glistened under
the sunlight and sanderlings ran to and fro.

