

Too Much Info

by Damion Hamilton

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It wasn't meant for our brains to take in so much information,
I hear someone say on NPR

The information age, seems to be suited for me,
I can't get enough of it, it floods my mind and nerves,
Reading wikipedia and blogs for hours and You tube

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And im sure I cant process enough of it to make sense
The dozens, and hundreds of ideas calling and controlling me
Seems rather much to me like:

All Things Considered

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I'm highly prone to anxiety and panic
Breezing thru the weeds of my mind

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Concentrating on one task is a hard thing to do,
With the dozens of flowing ideas, rolling thru
My head

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The days are frantic
And it always seem to be not
Enough

Time

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