

Not That Kind of Pain

by Bill Yarrow

What kind of pain is it? Stabbing?
Shooting? Throbbing? Tell me. Is it
a radiating pain? Does it burn? Point
to it. Is it a pain or more of an ache?
Does it feel muscular? Is it constant
or occasional? How severe is it? Is it
infrequent or recurring? When did it
start? What do you think you did?
Lift something? Move funny? Is it
relieved by exercise? Better lying down,
sitting, or standing? Does applied heat
make it better? What about ice? You
think maybe it could be stress related?

No, different. A different kind of pain.

