Kegel Exercise

by Ann Bogle

- 1. It was unfair to my time and my small kitchen rug that it took me two days to finish reading Meg Pokrass' "The Big Dipper," pp. 10-12
- 2. in *Damn Sure Right*. Hours passed, and my labored laughter apparatuses would return to normal and I would return to the story and then
- 3. be seized by laughter again, so hard that I squirted pee and had to drop suddenly to the kitchen rug and block the squirt of pee with
- the heel of my foot. That was due to not practicing Kegel exercises, not recommended for me (though I'd heard of them) by my petite,
- 5. boulder-headed gal therapist in Houston, who routed me toward "white, celibate multi-mental" after my feminism outlasted its song.
- 6. "Blythe looked like Pinocchio. She was a violin prodigy. She had a European haircut—short, black, severe. She was proud of her breasts,
- 7. which were large, adult size." ... "Blythe was wearing her bikini bottoms, but she left her top on the side of the pool. The pool seemed
- 8. much smaller with her beside me. I was glad it was cheap."
 ... "Blythe looked wet and slick—her womanly breasts
 gleaming. I felt angry" ...