WARNING: I Brake for Plastic Shopping Bags

by Carl Santoro

There used to be a time when the most graceful part in a tree was it's branches.

As I drive around the island this Spring I now see instead of brown wood oozing bright green buds... weathered and torn plastic,

innocent butterflies of pollution trapped and entangled, hopelessly trying to free themselves with the help of the next breeze.

They call to me with frantic waves and staccato twists. Many times resembling birds frozen in flight, pierced by an unforgiving web.

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Alan Watts: "For the adept in ZEN is one who manages to be human with the same artless grace and absence of inner conflict with which a tree is a tree."